

| Puesto | Dorsal | Tiempo | Neto | Rit. | Apellidos, Nombre | Año | P.S. | Cat. | P.C. | Equipo | Loc. |
|--------|--------|--------|------|------|---------------------------------------|------|------|------|------|--------------------------|------|
| 1 | 74 | 5:25 | 5:25 | 3:22 | MARTINEZ SERRANO, MARIA ISABEL | 1981 | 1 | MF | 1 | A.D. Marathon | |
| 2 | 184 | 5:53 | 5:52 | 3:39 | PYRIH SOLYAR, OKSANA | 1983 | 2 | MF | 2 | INDEPENDIENTE | |
| 3 | 87 | 5:59 | 5:58 | 3:42 | ARRIBAS SANDONIS, LIDIA | 1975 | 3 | MF | 3 | At. Arroyomolinos | |
| 4 | 79 | 6:03 | 6:01 | 3:45 | LANDA SANGUINETTI, MARGARITA | 1982 | 4 | MF | 4 | A.D. Sprint | |
| 5 | 91 | 6:09 | 6:08 | 3:49 | GALLARDO MONTALVO, MARIA DE LOS REYES | 1976 | 5 | MF | 5 | At. Arroyomolinos | |
| 6 | 18 | 6:13 | 6:12 | 3:52 | HERNANDEZ LAVEGA, SONIA | 1973 | 6 | MF | 6 | A.A. Mostoles | |
| 7 | 177 | 6:39 | 6:38 | 4:08 | PARRA NAVARRO, EVA | 1975 | 7 | MF | 7 | Desafio Running Mostoles | |
| 8 | 88 | 6:47 | 6:46 | 4:13 | BENITO LOPEZ, VIRGINIA | 1974 | 8 | MF | 8 | At. Arroyomolinos | |
| 9 | 57 | 7:03 | 7:03 | 4:23 | SANCHEZ MELCHOR, SANDRA | 1985 | 9 | MF | 9 | A.A. Mostoles | |